

## What is family learning?

We run family learning courses in our School and College.

They give our parent/carers the opportunity to find out how things are taught, as well as a chance to share ideas with other parents and develop their own skills and help their children to succeed in school and college.

## What can I learn?

The types of courses that we are able to deliver include:

- Anti-bullying: start to build an awareness of bullying, where it can happen and what you can do about it.
- Building confidence: discover the importance of building confidence and the difference it can make.
- Emotional wellbeing: recognise the signs of stress in children and start to consider some techniques to support them.
- Developing literacy: an introduction to a range of mini-games and activities to support literacy development at home.
- Developing maths: find out how creating mini-games at home can support maths development in a fun way.
- Internet safety: an introduction to ways that you can reduce the risk to you and your family when working online.

Get in touch with your child's Teaching Team to find out what family learning courses are on offer.